



Ride Leader Guidelines

We encourage all members to lead a Saturday or Sunday ride a few times each year. It is a rewarding experience and certainly appreciated by our members.

Please let your Ride Coordinator know what day and ride you would like to lead. A Calendar Editor should note it on our calendar. There's also an online form on the Ride Leaders webpage to let the calendar editors know to add your name to the calendar if that's easier. If your group uses WhatsApp, let them know of your intent to lead the ride.

A Few Tips for Ride Leaders

1. If you are thinking of riding a new route, prior to the day, check out the route by riding or driving the course. Check to see if any road works are in progress and the distance and terrain are suitable for your group.
2. Determine where to regroup along the way, and where a good coffee stop might be. It is a good idea to phone the coffee shop before the ride to let them know a group will be coming, although most cafes can cater for under 10 people easily.
3. On the day arrive early and as other riders arrive, signal where you are so they know where to meet. Assign a tail-end Charlie or sweep and make sure she or he knows the route.
4. Before your ride starts, introduce yourself and the sweep, and welcome new members. Let the riders know about any difficult road conditions, where the coffee stop will be, and where the regroup stops are planned. Make sure you mention where your first regroup stop is, and off you go. Ensure you leave on time.
5. There is no need to lead from the front. Just ask the group to stay together or within view. At each stop you wait for the sweep, and once everyone is together, explain the route to the next regroup stop.

Enjoy your ride and thank you for having a go.