## **Sunshine Coast Bicycle Touring Club**



## Rides Calendar

Aug/Sept. 94



## WE EXPECT ALL THE RIDES TO DEPART AT THE STATED TIME ...

Sunday 7th August

Mooloolaba Meander #2

Grade: easy Distance: about 25 km

Time: 9.00 am

A morning jaunt from outside Mooloolaba Surf Lifesaving Club around Mooloolaba. Pt Cartwright, Maroochydore and return

for morning tea in Mooloolaba. **Leader:** Jenny Ph: 45 4635

Start: outside Mooloolaba Surf Lifesaving

Club

Sunday 21st August

Cooloola Quest

Grade: med. Distance: 46 km

Time: 8,00 am

A scenic ride from Noosa Heads travelling north to Elanda Point on Lake Cootharaba; stopping in the Cooloola National Park for a picnic and a short walk if you so desire. Then back to Noosa (of course).

Leader: Garry Ph; 45 3936

Start: Lions Club Park, enr Noosa Pde &

Tewantin Rd. Noosa Heads.

NEXT GENERAL MEETING: WED. 7TH SEPTEMBER call Richard for details on 45 6673 Sunday 4th September

Montville Magic

Grade: med/energetic Distance: 40km Time: 7.30 am (Gary's an early starter) After warming the quads on the road from Forest Gien to Palmwoods we'll make our way slow and steady up towards historical and arty Montville. Plenty to eat and see there then heading back along

the same route.

Leader: Gary Ph: 91 2504 Start: Forest Glen car park, opposite the

shops.

Sunday 18th September

Ettamogah Circuit Grade: med Distance: 35km

Time: 8.00 am

Combining our Eudlo and Mooloolah rides into something a bit bigger and probably better. Ride from the Ettamogah Pub in Palmview along mostly backroads taking in Mooloolah and Eudlo. Just a few "bumpy bits" along the way.

Leader: Jenny Ph: 45 4635 Start: North end of Ettamogah Pub car

park

- All rides on this calendar are open to the public; those under 17 should be accompanied by an adult.
- 2. Please contact the ride leader before the ride to see if any details have changed and to let us know you're coming along
- 3. Bring appropriate pump, spare tube, puncture repair kit, appropriate spanners and tyre levers. All riders must wear a helmet and obey the road rules.
- 4. Please bring water with you cycling is thirsty work!