



## Rides Calendar



April - May.94

WE EXPECT ALL THE RIDES TO DEPART AT THE STATED TIME ...  
GET THERE EARLY.

### *Monday 4th April, (Easter Monday)*

Tour de Glass House Mountains

**Grade:** medium **Distance:** 41km

**Time:** 8.00 am

An undulating ramble through this ancient volcanic region. Good views of the Glasshouse Mountains. A couple of longer hills and a little gravel in the first half of the ride. Bring a snack or food/drink avail. at roadside stalls.

**Leader:** Jenny **Ph:** 45 4635

**Start:** Beerwah, call for details

### *Sunday 1st May*

Noosa Seducer

**Grade:** medium + **Distance:** 68km

**Time:** 8.00 am

Ride through the beautiful Noosa hinterland, visiting Tewantin, Cooroy, & stopping for morning tea or a cold drink at Pomona. A few climbs rewarded by some wonderful downhill runs.

**Leader:** Garry **Ph:** 45 3936

**Start:** Triathlon Park, cnr Noosa Pde & Tewantin Rd, Noosa Heads

### *Sunday 17th April*

Mooloolaba Meander

**Grade:** Easy **Distance:** 20 km

**Time:** 8.00 am

A morning jaunt from the Cod Hole, Maroochydore to Mooloolaba and back. Bring your togs if you fancy a swim. There are plenty of cafes for those wanting a snack or late breakfast.

**Leader:** Jenny **Ph:** 45 4635

**Start:** car park on David Low Way between Fisherman's Rd & Kuran Rd

### *Sunday 15th May*

Coolum Circuit

**Grade:** medium+ **Distance:** 60km

**Time:** 8.00 am

Leaving Maroochy, this route threads its way through Bli Bli to Yandina and Coolum (morning tea anyone?) & then back to Maroochy

**Leader:** Garry **Ph:** 45 3936

**Start:** Cod Hole car park Maroochy (David Low Way b/n Fishermans Rd & Kuran St.)

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1. All rides on this calendar are open to the public; those under 17 should be accompanied by an adult.
  2. Please contact the ride leader before the ride to see if any details have changed and to let us know you're coming along
  3. Bring appropriate pump, spare tube, puncture repair kit, appropriate spanners and tyre levers. All riders must wear a helmet and obey the road rules.
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