

CLUB NEWS – June 2020 Edition

Club cycling

There is **good news on the horizon** with the Club returning to cycling in June when stage 2 of COVID-19 relaxations apply.

To return to cycling safely the Club has completed a *COVID-19 Return to Cycling Risk Plan* which sets out actions riders need to follow, these are listed for you to read.

Our next Club ride

Club riding will resume on Saturday 13 June from various locations. To comply with the intent of COVID-19 restrictions we need to ensure no more than 20 people gather at one location and the same time. To achieve this there will be three start locations every Saturday at this stage.

13/6	40km ride 7am - Kawana Surf Club, (Pacific Blvd, Buddina)
	35km ride 7am - Dicky Beach Carpark (Beerburum St)
	34km ride 7am - Crummunda Park, (Coongarra Esplanade, Wurtulla)
	33km ride 7:30am - Kawana Surf Club, (Pacific Blvd, Buddina)
	30km ride 7:30am - Dicky Beach Carpark (Beerburum St)
	25km ride 7:30am - Crummunda Park, (Coongarra Esplanade, Wurtulla)
	20km ride 7:30am - Dicky Beach Carpark (Beerburum St)

The ride calendar is on our website with details of rides over June/July. Make sure you read it carefully before going to your ride.

Ride group size

Safety of riders is paramount and the Management Committee has determined that **all future Saturday ride groups** are to be limited to 16 riders, where there are more than 16 riders then the ride be split into two (2) ride groups. The lead ride group will ride 250 meters in front of the second ride group.

This will likely mean that the 25km ride group will need to separate into two ride groups on popular days when there is over 16 riders. Other ride groups will need to monitor numbers.

This change in rider numbers will continue to apply after COVID-19 restrictions are lifted.

Riding guidelines

It's clear that social distancing will be a 'must' for some time yet and our club needs to plan for this. Riders having difficulty accepting the restrictions of social distancing and maximum group size should not participate in club rides.

- If **you are not 100% well don't join a club ride**. You must not return to cycling if in the last 14 days you have been unwell or had close contact with a known or suspected case of COVID-19.
- If riding two abreast, keep the maximum allowable gap of 1.5 metres between riders and a gap of at least 1.5m to the rider in front of you (wheel to wheel), including while stopped at intersections.
- Social distancing means not handshakes, hugs or kisses before or after riding.
- It is strongly recommended by Sport and Recreation Queensland that all cyclists download the COVIDsafe App to help play our role in minimising and tracking any spread of COVID-19.
- Club ride sheets will be completed by the ride leader only, so no sharing a pen or passing around the ride sheet. Ride sheets must be sent by email to the Secretary straight after the ride.
- If you participate in a club ride and later feel unwell possibility because of COVID-19, you need to see a Doctor and inform the SCBTC Secretary.
- The Club will not be providing hand sanitiser at ride start points - so plan ahead for your own hygiene.
- No 'coffee shop' stops during a Club ride - we can't meet all the requirements.
- If you join others for coffee after a ride then no gloves or helmets in a shop and comply with social distancing and hygiene standards.

Date claimers

- The AGM followed by a social event - 25 July at North Shore Community Centre.
- The Christmas Party - 13 December at Hedland Golf Club.

Stay safe on the bike, regards

Michael Jacobson

President SCBTC.