

Sunshine Coast Bicycle Touring Club Inc.

SPRING 2009



The Sunshine Coast Bicycle Touring Club Inc.

Manag	m	ent	Comm	ittee
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Office Bearers

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Ride Co-ordinator	Rob Coles	5445 2400
MTB Co-ordinator	Damien Jones	5442 8813

Ride Representatives

Noel Green, Andrea Davies

20km	Lorraine Stocker, Robyn Vardy
30km	David Robertson, Nana Ollerenshaw, Mandy Gaeth, Gillian Meyers
35km	Michael Jacobson, Anne Jacobson, Dick McFarlane
40km	Rob Mabin, Ross Sheppard, Steve Gaeth

Sunday Contacts:

Mail: P O Box 5313, Maroochydore South Q 4558

Email: <u>info@scbtc.org.au</u>
Web: <u>www.scbtc.org.au</u>

Club Guidelines

Safety on rides

1. Select a ride that suits your ability

- 2. Comply with road rules and be courteous to other road users.
- 3. Bring pump, spare tube, tyre levers, tools, water, first-aid kit, mobile phone.
- 4. Children under 17 should be accompanied by an adult.
- 5. If wet weather, contact ride leader for update.

Membership

- 1. Non-members are welcome to attend two rides before joining.
- 2. Membership application forms are available from the web-site, or from a committee member.
- 3. Annual membership is \$24 and \$12 for each additional family member, plus an initial joining fee of \$15.
- 4. Bicycle Queensland membership is highly recommended and has many benefits, including personal insurance.



PRESIDENT'S REPORT

A warm welcome to new members joining since June - Daniel Bateman, Diana Barrett, David Hopper, David Dowling, Russ Douglass & Jan Tydd, Small family (Chris, Margaret, Kara, Kirsty), Isabel Cooper, Michael & Helen Gavigan, Narelle & David Cramb, Lynne Burns, David Salter and Leanne Milne. I hope that you will enjoy riding with us.

The new management committee was elected at AGM on 25th July. "Thank you" to outgoing committee members and office bearers - Karen Squire, Vince Whitburn, Ross Huntley. New ride reps have volunteered to assist organising our rides. Please give them your support.

Spring is here, so rides will start at 7.30am - unless specified otherwise. Future calendars will align with the seasons, so our latest calendar is only for October and November.

The number of riders has been increasing on Saturdays - with a wide variety of abilities. We have experimented with providing a "30B" ride - a slower version of the regular 30km ride - and it has proved popular. The next calendar calls this ride 30km, and the existing 30km (which has been getting faster) becomes the 35km. Ride designation is only an approximation of ride length, as increased length also indicates higher speed.

New designs, and women's styles, are being researched for club jerseys. Please propose any ideas to Diane Ridgway 3222 2580, Sally Blattman 5493 1702, or info@scbtc.org.au
It would assist the club if, each time you visit a bike shop, you checked their stock of club ride calendars, and advised the committee of any need for replenishment.

Thank you to those who contributed articles for this newsletter and to those who were willing to lead rides in the next calendar. Also to Andrea, Tom, and Ride Reps, for putting it all together. All members are encouraged to submit articles for the next newsletter, and rides for the next calendar - by 31st October 2009.

Internet and email are the easiest ways to keep you informed, so if your email address changes, please advise info@scbtc.org.au

Enjoy the ride Rob



The Start of a New Ride.

Nine cyclists embarked on the inaugural 30B ride on Sat 1st August, and what a fantastic ride it was. At the AGM the week before, the ride had been given the go ahead, as there was an identified need to include it into the ride calendar for those cyclists wanting an option between the 20 and 30km rides.

The morning was calm, crisp and perfect for winter cycling. We gathered in the car-park at Bulcock Beach, then set out under the leadership of Dave Robertson, and headed westward to Bellvista, then wove our way through the backstreets to the

Moorings at Golden Beach for coffee, where we met up with the 20 and 30k riders. We then rode to Bell's Creek and the Crowne Plaza Golf Course at Pelican Waters before cycling our way back to the car-park. We all had a fantastic ride, enjoyed the coffee, conversation and the camaraderie and all voted the 30B a total success.

Thanks to all who have worked together to make this ride happen.

Happy cycling, Candice Sims.

Sat 8th August 2009 - 30B Ride

This ride started from SCUni Innovation Centre. The 30B has proven to be a popular option, reducing the large number of riders who chose the 20 or 30km rides each Saturday morning.

Photo from left: Michael, Candice, Rusty, Jan, Mike, Adrian, Lorraine, David, Mandy and Laurie. Of interest, Candice is now in China on a teacher/librarian exchange until December. She hopes to purchase a second-hand bike to ride while she's there, missing her club. Will there be good coffee to go with that, Candice?



A well-earned coffee at Café One, La Balsa, on a 30B trial ride led by Candice Sims.

Your Favourite Bike Shop

Those that took the trouble to contact me obviously felt strongly about the great service they received at these stores.

Sunshine Bicycle Works Noosa Outlook Shopping Centre. Good service, support local community, support schools.

Damien Jones

I'd like to put in a vote for "Bob & Barb" at **Coolum Cycles**. Bob has always been available for good advice at anytime. His follow up service has been excellent, to the point that often on a ride I will call in for a chat & mention a small problem & he will look at it then & there, often for no charge. They also always give me a discount on anything I purchase. As a result he will have my patronage for many years to come. Di Hoopert

Our favourite bike shop is **Coolum Cycles** with Bob and Barbara. Mike and Caroline Haines

Our favourite Bike Shop is **Spin City Cycles** in Brisbane Road, Mooloolaba. Service is great, no problem too small or large, and if not busy will look after your problem immediately. Prices seem fine to us.

David Greenhalgh and Barbara Hazelton

Spin City Cycles by a long 2-seater! Good service, repairs on time and as quoted. Always remember who you are, only sell you what you want when they're sure it's what you need! Dick Macfarlane.

I wish to nominate **BikeRiders** at Sunshine Homemaker Centre as my special bike shop. Staff are extremely helpful! BikeRiders are a great, client focused, efficient and reasonably priced for bicycle repairs.

Laurie Mann

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Bicycle Queensland
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