



Ride for a Cause That's Close to our Hearts – Cycle of Giving Returns to the Sunshine Coast

An exciting new era begins in 2025 for The Cycle of Giving. The ride is returning to the Sunshine Coast where the community come together & have generously supported since the inaugural ride in 2006. Next year is the 20th anniversary & I am hopeful for the community to embrace this significant milestone.

The Cycle of Giving encompasses several aims. It recognizes that behind every heart transplant is a family who made a most selfless decision in their darkest moments. We ride in honour of their courage & in gratitude for the gift of life they have given to others. This is more than just a bike ride-it is a chance to save lives with every pedal stroke.

Heart disease affects us all. On August 23, we ride together for hope, research & community. Every three hours someone in Australia dies from heart failure. The Cycle of Giving is our way of fighting back.

We aim to support cardiac & transplant research by riding, donating or sponsoring research projects at The Prince Charles Hospital. The Hospital Foundation - The Common Good, disburses monies raised to many projects undertaken by talented & committed researchers.

Your donation to The Cycle of Giving aims to fund critical cardiac research & improve health outcomes for all Australians. Let's pedal with purpose - ride for healthy hearts & for giving renewed life.

Mary Long